



Papakura High School Panui Term 1 2020

Dear parents, caregivers and friends of Papakura High School

Our first newsletter of the year is full of positive news about our school's progress. Our 2019 NCEA results have shown a very pleasing improvement from 2018 and are a reflection of a greater determination by our students to succeed, along with total commitment by our teachers to challenge and encourage our students to reach this higher level of achievement. Overall, our Level 1 results have improved by 45% and our Level 2 results by 34%. What is also very pleasing is the fact that we have reached the pass rates for Level 1 and 2 nationally across all decile 1 - 3 schools. We are very heartened by these results. In addition, when we consider the upward tracking of our students over the past four years, we have every reason to celebrate these successes.



Our school roll has been showing a very healthy increase, with our Year 9 classes overflowing with new enrolments. We have now reached 250 Year 9 students - this is more than double the roll for Year 9 from 2016. Our junior students now fill our assembly hall to overflowing, which is a wonderful sight. The rapid expansion of the overall roll has necessitated the opening up of classrooms which have been closed for some years due to the much smaller numbers during that time.

We welcome a new team of staff who have brought a range of talents and skills to contribute to our school. We were thrilled to welcome this group of teachers and support staff at our powhiri on 30 January.

We have just received our report from the Education Review Office. It is a very positive report but it is a shame that it was completed in September, before we had our really newsworthy NCEA results. However, the report recognised the improvements and progress that our school has made since the last report in 2015. Highlights of this report can be read on page 7.

Kia Rangatira!
John Rohs
Principal

RIP Mita Tupaea



The community of Papakura High School is deeply saddened by the loss of a loved and respected colleague and friend who passed away on 13 March.

Mita gave decades of his life to his work in our school, in particular in our Learning Centre, and was also hugely involved in sport.

It was an honour and privilege for our school to invite Mita's whanau to bring him home to our school to lie in state in our school where Te Kahurangi for the first stage of his farewell.

Likewise it was an honour for us as staff, students and BOT to participate in the formalities of his tangi at Nga Tai e Rua marae, Tuakau, and his burial service in Papakura.

Moe mai e te rangatira.

Visit our website www.papakurahigh.school.nz

New to Papakura High School

This term we have welcomed a number of new staff members, both teachers and support staff.



Louisa Afoa - Teacher of Photography and Art

My great aunty migrated from Samoa in the 50s with her family and made a home for themselves in Papakura. In the 70s, my father followed and my siblings and I were born and raised in Kura. As a first year teacher, I'm really excited to be sharing my knowledge of photography and visual arts with the learners from my own community.



Michelle Anderton - Teacher of Music

Life is a great teacher. Sometimes excruciatingly hard, but almost always kind too. Fortunate to have been able to travel and experience a tiny fraction of what is out there on this astonishing planet, I have only had brief periods when I stopped learning something. Hailing from South Auckland and having graduated from Papakura High School in 2002, I have come full circle. A great mentor, teacher and now friend once told me that school is about learning to learn. It took a while to comprehend that properly, but it is probably one of the few things that actually makes any sense to me. As surreal as it is, I am happy to be back here, sharing my knowledge and continuing to learn and grow. Kia Kaha.

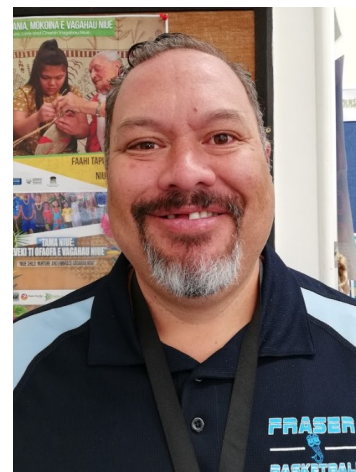


Jason Ahuriri - Sports Co-ordinator

I returned to Papakura High School in 2017 as a Teacher Aide with my brother, who had previously suffered a cardiac arrest.

I am very enthusiastic about my new role here in school and our wider community. I am excited about the new challenges I am facing and will continue to face as the year goes on.

My focus is on giving our students as many opportunities as possible to get involved in physical activity, whether it be in school or out. In addition to that, I encourage our Whānau to engage in supporting our kids and continue building connections with our community. I look forward to seeing you all throughout the year.



Tapsell Enoka - Teacher of English

I was raised in Gisborne and continue to enjoy going home for the holidays.

I enjoy teaching and meeting our rangatahi.

I also thrive on empowering them to achieve their goals.

Looking forward, many challenges will come this year and beyond but with everyone's help, time and perseverance I know this will be a great place to thrive for all

New to Papakura High School



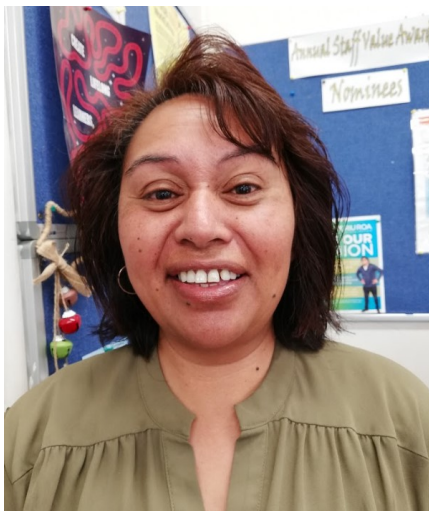
Eparaima Paratene - Services Academy Manager

Kia ora, my name is Eparaima and I am the Services Academy Manager for Papakura High School. The academy is going really well and I am really enjoying this new role. It is challenging but I am up for the challenge and looking forward to seeing the progress throughout the year.



Lavinia Manoa - Head of English

My name is Lavinia Manoa. I left Papakura High School about six years ago to serve the church at the Methodist school down the road and volunteer at Mission schools in Tonga. It is great to be back home with familiar faces I served with during the nine years I was an English teacher here at our school. I look forward to serving you and our whānau again. Kau mau ke tau ngaue fakataha, ke teke ai pe a Papakura ki mu'a.



Ariana George - Teacher of Te Reo Māori

Whataka te hau ki te uru, whakataka te hau ki te tonga, kia maakinakina ki uta, kia maataratara ki tai, e hii ake ana te atakura, he tio, hu huka, he hauhuu. Mauriora te whaanau.

My name is Ariana George, I come from Waikare in the Bay of Islands and on my Mother's side, I am of Ngaati Porou descent. I am a Mother of 5 and a Nanny of 1, soon to be 2 in March. The greater part of my teaching career has been in Kura Kaupapa Maaori/ Wharekura though I have taught in the mainstream sector, very early on in my career. I am looking forward to the challenge of assisting Matua Ian in the Reo Maori department teaching Te Reo Maori at Papakura Highschool. Tookuu reo, tookuu ohoohe, Tookuu reo tookou maapihi maurea.



Caz Nortje - Teacher of Mathematics

It is great to be a part of the Papakura High School family. My name is Caz Nortje (Nor-kia) and I am the new Year 9 - 11 Mathematics teacher. I recently relocated to Auckland from Cape Town where I was teaching for two and a bit years. My wife and I have loved the adventure thus far and look forward to growth and experiences that lie ahead.

I am a big believer in helping learners to reach their potential and really hope I can help be the catalyst for as many learners as possible.

Visit our website www.papakurahigh.school.nz

New to Papakura High School



Zainul Rafiq - Teacher of Science

I am Zainul Rafiq, originally from the beautiful Fiji Islands. I have taught in Fiji as a science teacher for fourteen years before moving to NZ. I am excited to join the Papakura whanau and looking forward to learning, sharing and empowering young minds.



Lesieli Samiu - Teacher of Social Science

"Oua lau e kafo kae lau e lava" - Stay positive and count your blessings!

Si'oto'ofa atu, Malo e lelei. My name is Lesieli Samiu and I am ecstatic to be a part of Papakura High School this year teaching Social Studies. I believe that students' minds are not empty vessels waiting to be filled. Each one of them brings their own particular brand of genius to my classroom, and my most important job is to discover and empower that genius. No matter who you are, somebody is learning from you. It's going to be an exciting year!



Anusha Soupen - HOD Mathematics
(Started Term 4, 2019)

I emigrated from South Africa in 2007 With my husband and three daughters I taught in Hawkes Bay for four years then moved to Auckland in 2011. I have taught High school Mathematics for 33 years. I was HOF Mathematics and on the senior Management team for 8 years at Grosvenor Boys' High in South Africa and at Otahuhu College for 2 years. I was also Deputy Principal and Acting Principal at Zayad College for Girls for 4 years before starting here in Term 4 last year. I am passionate about music, poetry and Mathematics.



Satchet Singh - HOD ICT

Born and raised in the UK, I taught at James Cook High School for 4 ½ years and previously taught in the UK for 5 years. As the teacher of ICT (Digital Technologies), I am passionate about the subject and enjoy delivering interesting and innovative courses to provide unique opportunities for our Tamariki. I am looking forward to working with students, parents and whanau/community to support our students and build positive learning relationships. Digital Technologies has become compulsory for all students in New Zealand, so there will be exciting times ahead—watch this space! In my spare time I enjoy kayaking, fishing, travelling and keeping fit.



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New to Papakura High School



Dereck Siitia - Student Engagement Officer

I am a young guy from South Auckland here to support our youth discover themselves. I am always here to talk, chill and laugh! I come to Papakura High School from Emerge Aotearoa in the Youth Sector. I have been working in the Youth Sector for over four years and love working with our future leaders.

Phillip Kareroa - Youth Worker

Welcome to our new Youth Worker, Phillip Kareroa

As part of the support the school receives from the Kootuitui Trust, our school employs a youth worker. Phillip has come to us from a similar role in a large school in Australia. He has worked alongside many agencies that deliver programmes to Pasifika and Maori young people. Of Cook Island descent, Phillip is a multi-talented and highly motivated individual who will make a great contribution to the pastoral services on offer in our school.



Rachelle Wright - Accounts Manager

I am originally from Lebanon, moved to Papakura at the age of five years and have been here ever since.

I am the mother of two young children and a long time loyal supporter of the Warriors!



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Student Achievement - NCEA Endorsements

A number of students have gained Merit and Excellence endorsements for their Level 1 or Level 2 NCEA qualifications.

NZQA defines this as follows: "Certificate endorsement - For an NCEA certificate to be endorsed with Excellence a student must gain 50 credits at Excellence at the level of the certificate or above. So, if a student has 50 Level 1 credits at Excellence they may have their Level 1 certificate endorsed with Excellence. Likewise, if a student gains 50 credits at Merit (or Merit and Excellence) at Level 1 their NCEA Level 1 certificate may be endorsed with Merit. Endorsement awards show on the Record of Achievement."

Katana Cooper	Level 1 Merit
Ngaire Edwards	Level 1 Merit
Emma Grant	Level 1 Merit
Cornelis Kamermans	Level 1 Merit
Teuila Laufale	Level 1 Merit
Nicole Mehau	Level 1 Merit
Elijah Olano	Level 1 Merit
Chad Panapa	Level 1 Merit
Saane Purua	Level 1 Merit
Mackenzie Templeton	Level 1 Merit
Lafoga Tuiolemotu	Level 1 Merit
Jean Warwick	Level 1 Merit
Jun Angeles	Level 1 Excellence
Tazmyn Fuapau-Haletama	Level 1 Excellence
Logan Lepua	Level 1 Excellence
Tatiana O'Keeffe-Pauu	Level 1 Excellence

Catherine Armstrong
Samantha Savieti
Annalee Sio
Ash Williams

Level 2 Merit
Level 2 Merit
Level 2 Merit
Level 2 Excellence



Well done to all these students!

Excellence Endorsements *left to right*: Ash Williams, Jun Angeles, Tazmyn Fuapau– Haletama, Tatiana O'Keeffe-Pauu and Logan Lepua

Rotary Science and Technology Forum



During the summer holiday, one of our current Year 13 students, Catherine Armstrong, participated in a four day residential Science and Technology Forum held at the University of Auckland. The Forum is a programme aimed at high achieving, well-rounded Science, Maths and Technology students at New Zealand Secondary Schools who will be returning to Year 13 and are planning to study science or technology subjects at tertiary level in New Zealand.

This is what Catherine had to say about her experience: *"The Science and Technology Forum was amazing. I got to learn new things about the human brain, heart and lungs. Also learnt about robotics and much more, this was a great opportunity as I got to go to 3 different universities which helped me understand what these different universities offered. There was also a social side where we got to explore Auckland, had a volleyball competition, early morning activities, had a disco night and a formal dinner. I had so much fun and recommend the year 12s to sign up for it"*



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Highlights of the Education Review Office Report

While the Education Review Office has made a number of recommendations to the school regarding its future progress and the interventions it would like the school to put in place, there are many positive affirmations about the school which the Office has recognised. These include:

“Leaders and staff are steadily improving outcomes for learners. Leaders have worked with determination to better service students and their school. Students, whānau, trustees and staff are expressing an increased optimism and pride in their school.”

“School conditions and the climate for student learning have improved substantially. There is an inclusive school climate and sense of community that celebrates students’ diversity, heritage, language and culture.”

“Higher levels of accountability for performance and effectiveness are beginning to develop.”

“Significant progress is evident in the development of a more positive school learning environment that values students’ culture, language and identity. Underpinning the school’s overall progress is the provision of a supportive, whānau-based pastoral care structure and broad student wellbeing provision. The school has much to celebrate as this has had a noticeable impact on the overall school climate.”

“The school proactively builds whānau and wider educational networks to enhance services to promote student health and wellbeing.”

“Good progress is evident in establishing the conditions for learning and improving valued student outcomes.”

“More students regularly participate in extracurricular activities.”

“There is significant growth in student leadership opportunities, particularly for seniors, to enable students to learn new skills, lead activities and become positive role models.”

“The Year 10 Te Tohu Rangitira achievement strategy has seen 80% of students teaching the school target by mid - 2019. This is raising students’ expectations of themselves and helping students to set goals and reach completion targets.”

“Strong professional leadership has led to ongoing school improvement. Leaders have reset a positive, more orderly climate for learning, and developed positive relationships with the community and students. They show resilience, empathy, care and compassion for students and their whānau.”

The Review Office has a number of key priorities for the school. These are:

1. Improve the quality of teaching. Continue to redevelop the school curriculum and fully integrate school values
2. Build school-wide data literacy, increase target setting, monitoring and evaluation processes
3. Continue to improve the quality of stewardship on all areas of governance
4. Further develop and then sustain school leadership

The overall judgment of the Review Office is that “the school has made significant improvement.” There will be another review in Term 1, 2021, to measure the progress since the review took place in September 2019.

Year 9 New Whānau BBQ

On Wednesday 19 February, we welcomed dozens of new families to our annual Year 9 BBQ. Despite a dull start to the day, the weather cleared up and on a lovely summer afternoon, many took this opportunity to meet some of those who will be involved in their child's education over the next five years.

Families were able to meet the Senior Leadership Team: Lisa Mortimer (DP), Kelly Teariki (DP) and Paul van Etten (DP); the Wellness Team: Troy England (Director of Pastoral Services), Josy Whittaker (Social Worker) and Michelle Haare (Guidance Counsellor); the Kaiārahi Team: Nikki Samu and LeRoy Paul (Kirikiri), Loina Tuihalangie and Grant Ueese (Otuuwaitiroa) and Gail Boyce and Jo-Ella Hura-Tupaea (Te Aparangi), as well as the Kaitiaki (Prefect) Team: Samantha Savieti, Antonio Hafoka and Catherine Armstrong (Kaitiaki Whānau), Nemasis Kershaw, Mele Nau, Wendy Tamoua and Ash Williams (Kirikiri), Winter Clark, Khloe Long and Monu Maea (Otuuwaitiroa) and Ana Fakahoamotu, Alita Sateki and Annalee Sio (Te Aparangi).



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Services Academy camp



From 10 - 14 February, the students in the Services Academy, along with Eparaima Paratene (Academy Manager) and Kelly Teariki (DP) went on camp to the Waharau Outdoor Education site.

The students took part in many activities, both outdoors and inside, including a classroom session from a local Department of Conservation worker teaching the students about Kauri dieback.

Visit our website www.papakurahigh.school.nz

Chromebook Launch



On Thursday 20 February was the launch of the Year 9 chromebooks. Those students who had signed up and paid at least the deposit for their chromebook received them at a special assembly. We would like to thank the Kootuitui ki Papakura Trust for their ongoing support with this.



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Year 12 RYDA Programme



On Thursday 20 February, all our Year 12 students took part in the RYDA programme that was held at Bruce Pulman Park. This programme, the Rotary Youth Driver Awareness is to educate high school students on driver safety and distraction. These are

not driving lessons but training sessions on developing personal strategies and skills that will help young drivers.

The RYDA programme educates students at the crucial point where they have just started driving or are thinking of getting their license.



PHS and Steel and Tube



Junior Thompson, a manager at Steel and Tube and ex student of Papakura High School, wants his success story to be the story of some of our students.

We are the first school to be a part of the Workforce Engagement Programme at Steel and Tube.

The five students selected to be a part of this programme are:

Felix Paua, Waikura Arona, Rodney Wairepo, Mikel Pakura and Nicholas Maligi

The photos show the students and their whānau celebrating after having been given the news at assembly, and (below right) the students on their first day at work.



Visit our website www.papakurahigh.school.nz

Whānau Sports Day



Papakura High School - Board of Trustees

Board Corner February 2020 - from the Trustees

A big welcome to all the new students and their whānau, who have made the positive decision to enrol at this school. We, as the Board of Trustees, are very happy that the school is moving in a forward direction and there are lots of signs of this, one being your action of choosing Papakura High School for your tamariki.

The huge increase in Year 9 enrolments for 2020 is particularly gratifying - this is evidence of the positive feel in the community towards this school. It means that the school is moving in an upward spiral, as more students lead to more government funding and more staffing, which in turn allows us to build more capacity and options for student learning.

The great NCEA results for 2019 are also evidence of our positive growth. You can read more about these elsewhere in this newsletter. We are so proud of this outcome which is the culmination of a lot of hard work by our students and our staff. Congratulations to you all. We look forward to this continuing upward trend.

Towards the end of last year the Education Review Office (ERO) team came out to the school to review the progress the school had made since the frankly disastrous report of 2015. We are pleased that in the new report the great work that everyone has done is acknowledged, the progress that has been made in developing a positive and supportive environment, the early signs of improvement in student outcomes, the growth in effective teaching, learning and leadership, the growth in understanding and celebration of the different cultures represented in our school, and the increase in the student roll. This result has come about because of the leadership of John Rohs our Principal and the dedication and enthusiasm of his team comprising Paul van Etten, Lisa Mortimer, Kelly Teariki and Troy England. They should all feel extremely proud of their efforts.

ERO also outline in their report, what they think our next priorities should be, as they, and we, acknowledge that we are not there yet - there is still much work to do. Fortunately our ideas and their ideas of next priorities are very closely lined up. You are able to read more about our ERO report elsewhere in this newsletter.

Over the past few months, the Board and Senior Leadership team have been working on our Strategic Plan or Charter for the next three year period. Last year we received valuable feedback from our community and staff, and while the Strategic Plan and its associated annual targets is not completed yet, our focus goals for the next three years are settled:

‘Students at School Every Day’

‘Highly Effective Staff’

‘An Innovative Curriculum’

‘Strong Whanau & Community Engagement’

And all of these contribute to our ultimate aim of ‘Student Success’.

When our Strategic Plan is finalised we will produce and circulate a one page poster which will keep our goals in full focus for all.

2020 is looking like a great year for Papakura High School and we are delighted that our work over the past four years is bearing fruit. With your continued support of your tamariki and this school, we can look forward to making real progress on our vision of ‘Continuous Transformation for Student Success’.

Visit our website www.papakurahigh.school.nz

PHS Staff 2020



Back row left to right: Meenakshi Changotra, Lisa Ruatara, Karen West, Sanober Alwar, Catherine Walker, Maria Powell, Mere Wilson, Sisilia Noavea, Sandra Paulus, Selvi Radhakrishnan, Karee Lilley

Fourth row left to right: Michelle Haare, Loina Tuihalangie, Di Corban, Michelle Anderton, Bevy Gordon, Katarena Potae, Nikki Samu, Billie-Gene Rawari, Juliet Lyes, Sharina Naidu, Rachelle Wright, Beverley Matamua

Third row left to right: Caroline Crabb, Prakash Nair, Philippa Kaisser, Jo Ella Hura-Tupaea, Keith Buchan, Jason Borland, Jason Ahuriri, Tapsell Enoka, Louise Thorpe-Franck, Shauna Thomas, Caston Muganda, Ariana George, Robyn Zenovich

Second row left to right: Anusha Soupen, Jackie Lauaki, Gail Boyce, Press Pancha, Caz Nortje, Eparaima Paratene, Raniera Lee, Vaha Tu'itahi, Leslieli Samiu, Rishi Basdew, Dave Lawrence, Praveena Prasad, Sue Iles, Zainul Rafiq, Zech Soakai (standing)

Front row left to right: Alison Wilson, Linda Diorio, Anita Imlach, Lavinia Manoa, Troy England, Paul van Etten, John Rohs, Lisa Mortimer, Kelly Teariki, Satchet Singh, Andrea Rabin, Ian Marino-Tauhinu, Kate Lobb

Absent: Lara Sexton, Louisa Afoa, Arihiana Marino-Tauhinu, Pat Pearce, Desiree Arnott, Clive Caine, Karyn Chapman, Chandrikah Gnanpandithan, Rajinder Kaur, Michelle Lloyd, Declan Mulcahy,

Hotaka Piri Kura

On Tuesday 10 March, a number of the NZ Police came in to school to give students in the Police Academy a taste of what awaits them in a career in the Police: 1) escape and evasion, 2) Mental health and wellbeing workshop and 3) Radio and communication theory and practical.



Our Kaiārahi

Otuuwaitoa



Te Aparangi



Kirikiri



This is our Kaiārahi team who are here to help resolve any issues your child may be having at school. In many schools they are called 'Deans'. They play an important role in supporting our students.



Miss Loina Tuihalangie
l.tuihalangie@papakurahigh.school.nz
Tel: (09) 296 4400 ext. 709



Mrs Gail Boyce
g.boyce@papakurahigh.school.nz
Tel: (09) 296 4400 ext. 712



Miss Nikki Samu
n.samu@papakurahigh.school.nz
Tel: (09) 296 4400 ext. 708



Mr Grant Uelese
g.uelese@papakurahigh.school.nz
Tel: (09) 296 4400 ext. 741



Miss Jo-Ella Hura-Tupaea
j.huratupaea@papakurahigh.school.nz
Tel: (09) 296 4400 ext. 712



Mr LeRoy Paul
l.paul@papakurahigh.school.nz
Tel: (09) 296 4400 ext 708

Visit our website www.papakurahigh.school.nz

Tongan Group



Members of our Tongan Group practicing for their Polyfest performance.

Our Kaitiaki Whānau



At Papakura High School we are very proud of our student leaders. They are outstanding ambassadors for our school

From left to right:

Samantha Savieti
Kirikiri Whānau

Antonio Hafoka
Te Aparangi Whānau

Catherine Armstrong
Otuwairoa Whānau

Te Kaunihera-ā-Ākonga



Congratulations to the Year 9 students who were recently elected to be a part of our Te-Kaunihera-ā-Ākonga (Student Council).

They will play an important part in ensuring the voice of our youngest students is heard. The students are elected for the duration of their time at our school and there are two representatives of each whānau.

The students are:

Back row left to right:
Amanda Fatai, Te Wewini Karepa-Cowell and Avleen Chand

Front row left to right:
Maia Tate, Henrietta Tuivai-Lopa and Ralton Peterson.



Visit our face-

Papakura High School Charitable Trust



The Papakura High School Charitable Trust has been in existence for over two years now, with members Jo Clegg, Claire Fogarty and Michael Talbot (all of whom are ex-students of the school) and Rosalie Freeman (from the Board of Trustees). We are working to build a fund which can be used to support students learning within the school, and to also be a vehicle to apply for funding from other charitable organisations for specific programmes and projects.

The purpose of the Trust is to further the education and welfare of students, through financial assistance, clothing, books, equipment, use of facilities, counselling, scholarships, outdoor education and other appropriate assistance.

Last year we were able to secure some business sponsorship which allowed us to provide funding for a set of sports tracksuits for the school. We would like to be able to add to this uniform pool, so that more of our sports teams can benefit from looking and feeling good about themselves. Do you own a business in Papakura or do you work for a business in Papakura who you think might be interested in sponsoring further tracksuits? The business logo would go on the back of the tracksuits, providing ongoing advertising for your/their generosity. Please contact us by email at [trustboard @ phsalumni.school.nz](mailto:trustboard@phsalumni.school.nz) if you are interested in supporting us in this endeavour.

Maybe you would like to support us with a donation to our general fund. All donations would be gratefully received. Our bank account details are: ASB 12-3658-0000991-00

Further information about the Trust can be found on the school website www.papakurahigh.school.nz/charitable-trust.

Thanks to all our supporters

We would like to say a huge thank you to all those who support our school: The Hugo Charitable Trust; The Rotary Club of Papakura; The Rising Foundation; Kootuitui ki Papakura; The Trillian Trust; Tu Kotahi - the Key to Life Charitable Trust; The Graham Dingle Foundation and the Papakura High School Charitable Trust. We are very appreciative of all that you do for our students.



Papakura High School
Charitable Trust



Visit our website www.papakurahigh.school.nz

Important Information for 2020



Term Dates 2020

Term 1 2020 - Thursday 30 January to Thursday 9 April

Term 2 2020 - Tuesday 28 April to Friday 3 July

Term 3 2020 - Monday 20 July to Friday 25 September

Term 4 2020 - Monday 12 October to Friday 11 December

Friday 10 April
Monday 13 April
Tuesday 14 April
Monday 27 April
Monday 1 June
Tuesday 2 June
Monday 26 October

Good Friday
Easter Monday
Easter Tuesday
Anzac Day
Queen's Birthday
Staff only day
Labour Day

Lesson Times 2020

Period		Monday	Tuesday	Wednesday	Thursday	Friday
1		8:50 9:50	8:50 9:45	8:50 9:45	8:50 9:45	8:50 9:50
2		9:50 10:50	9:45 10:40	9:45 10:40	9:45 10:40	9:50 10:50
Break 1		10:50 11:15	10:40 11:10	10:40 11:10	10:40 11:10	10:50 11:15
		Kaitohutohu 11:20 11:35	Kia Rangatira 11:15 11:45		Whānau 11:15 11:45	Kaitohutohu 11:20 11:35
3		11:35 12:35	11:45 12:40	11:15 12:10	11:45 12:40	11:35 12:35
Weds. Assemblies 12:10 - 12:40 - Seniors 1:05 - 1:35 - Juniors						
4		12:35 1:35	12:40 1:35	12:10 1:35	12:40 1:35	12:35 1:35
Break 2		1:35 2:10	1:35 2:15	1:35 2:15	1:35 2:15	1:35 2:15
5		2:15 3:10	2:20 3:10	2:20 3:10	2:20 3:10	2:20 3:10



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Papakura High School Services Academy

During the 3-Way conferences on Thursday 12 March, the students from our Services Academy took the opportunity to demonstrate their marching drills to their whānau.



COVID-19 Virus



HOW TO KEEP YOURSELF (AND OTHERS) SAFE FROM COVID-19 (Coronavirus)

PREVENTION



COUGH OR SNEEZE INTO YOUR ELBOW OR BY COVERING YOUR MOUTH AND NOSE WITH TISSUES.



PUT USED TISSUES IN THE BIN OR A BAG IMMEDIATELY.



WASH YOUR HANDS WITH SOAP AND WATER OFTEN (FOR AT LEAST 20 SECONDS).



AVOID TOUCHING YOUR EYES, NOSE AND MOUTH WITH UNCLEAR HANDS.



TRY TO AVOID CLOSE CONTACT WITH PEOPLE WHO ARE UNWELL.



AVOID PERSONAL CONTACT, SUCH AS KISSING, SHARING CUPS OR FOOD WITH SICK PEOPLE.



CLEAN AND DISINFECT FREQUENTLY TOUCHED SURFACES AND OBJECTS, SUCH AS DOORKNOBS.



IF YOU FEEL UNWELL STAY AT HOME.

The latest advice from the Ministry of Education is very clear -

All children should be at school. There is no reason to remove students from school because of the Covid-19 virus. There are currently many confusing messages in our community about safety from the virus. Our school, like every other, is receiving up to date information from the Ministry of Education every day, and will continue to follow and share this advice with our school community.

SYMPTOMS



FEVER



COUGH



SHORTNESS OF BREATH



SORE THROAT

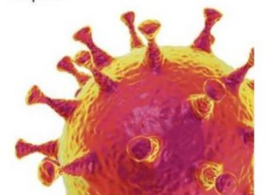


HEADACHE

Call Healthline on 0800 358 5453 if you have any symptoms such as a cough, fever and shortness of breath.

What you need to know

- New Zealand has activated its **national pandemic plan**, which is currently at the **"keep it out"** phase.
- As with influenza, Covid-19 symptoms include **fever, cough, body aches, fatigue**, and sometimes **vomiting and diarrhoea**. Cases can range from mild to severe, and fatal.
- Early studies indicate the average number of people who catch the virus from an infected person could be between two and three. The rate for influenza is 1.3.
- In New Zealand, 10 to 20 per cent of people catch flu each year, but it results in only about 500 deaths.
- The most recent pandemic to affect New Zealand was the H1N1 (swine flu) in 2009, with 3,175 cases and 19 deaths.
- Both influenza and Covid-19 may be prevented with measures like frequent, thorough hand washing and staying home when sick, and limiting contact with people who are infected.
- People who suspect they have Covid-19 should call a dedicated healthline for free on **0800 358 5453** - and phone ahead before visiting a GP clinic or hospital.



No hugs
No handshakes
No hongis

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